

Personal Statement and Curriculum Vitae

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Personal Statement

I have spent my entire academic, professional, and volunteering life in sport and now seek an opportunity to use my professional expertise to drive European squash forward.

Having retired from international hockey coaching in 2009, I have been able to pursue my other sporting passion in squash. In the early 2000's I started the squash scholarship programme at the University of the West of England which has now developed into one of the strongest University programmes in the UK. Having departed Bristol for a job in North Wales I joined the Squash Wales board at a time of significant transition and as Vice Chair I authored and launched a new 5-year strategy in 2019. I was elected Chair in 2020.

Through formative education in the fields of sport and governance as well as considerable business experience in a range of business areas I believe I can make a significant contribution to the ESF Board and wider community.

Academic Education

1994-1997 – BSc Sport Science, Chelsea School, University of Brighton
2008 – PgDip – Sports Coaching, Brunel University

Professional Certifications

2018 – Certificate in Corporate Governance (CIPFA)
2018 – IOSH Managing Health and Safety for Directors and Executives
2020 – Prince2 Project Management

Professional Employment

2017 onwards: Director of Commercial Services, Bangor University
Managing a diverse portfolio of businesses including sport, catering, conference, accommodation, childcare, retail outlets and entertainment venues. Annual turnover of approximately £20 million and employing more than 200 staff. Responsible for legal, contractual, and statutory compliance in each regulated business.

2011-2017 – Director of Sport, Bangor University
Developed and implemented a new sport strategy for Bangor University. Oversaw a £5million refurbishment of existing facilities, initiated and oversaw the building of a tennis facility, two all weather surfaces, new fitness gym and new athletics track.

2001-2011 – Performance Manager, University of the West of England, Bristol
Personal mentor to elite athletes, responsible for Elite Athlete lifestyle programme, Performance Director for 5 key sports – Squash, Hockey Netball, Rugby, Soccer. Initiated the UWE Bristol Squash scholarship programme.

Relevant Sporting Roles and Experience

2020 - Current, Chair, Squash Wales
2018 – Current, Chair, European Squash Disciplinary Panel
2016-2020 - Chair, Welsh Student Sport, 2016-2020
2003-2009 – Assistant Coach, Welsh Hockey Union (U21 and Senior Women)
Multiple European Championships, Celtic Cups, Olympic Qualifiers